



# CHEERLEADING



## COACHING STAFF

Current Staff:

**HEAD COACH**

Heather Buterbaugh

**ASSISTANT COACH**

Julie Strober

**ASSISTANT COACH**

Beckie Tomaro

**ASSISTANT COACH**

Courtney Ball

Staff up to 2008:

**HEAD COACH**

E. Spring LaFevre

**ASSISTANT COACH**

Libby Wilhelms

**ASSISTANT COACH**

Beckie Tomaro

## TOURNAMENTS

- 2008-09 Varsity - Voorhees Invitational Champions, Hunterdon Warren 5<sup>th</sup> place, Skyland Conference 2<sup>nd</sup> place overall, UCA Northeast Regional Large Varsity 2<sup>nd</sup> place, Phillipsburg Challenge Champions, Del Val Challenge Champions, Garden State Open 2<sup>nd</sup> place
- Junior Varsity – Voorhees Invitational Champions, UCA Northeast Regional Large JV Champions, Del Val Challenge Champions, Garden State Open 2<sup>nd</sup> place, NJCDCA JV State Champions, UCA Nationals Large JV 2<sup>nd</sup> Place
- 2007-08 Hillsborough Invitational Champions; Voorhees Invitational Champions; Skyland Conference Div. Champions; Phillipsburg Challenge Champions; UCA National Finals 11<sup>th</sup>.
- 2006-07 UCA National Finals 11<sup>th</sup>; Villanova Invitational Champions
- 2005-06 UCA National Finals, 7<sup>th</sup> place, UCA Northeast Regional Champions, Garden State Open Champions, Villanova Invitational Champions, Loud N Proud Champions, Hatboro-Horsham Champions, Voorhees Invitational Champions, Del Val Challenge Champions
- 2004-05 UCA National Finals, 10<sup>th</sup> place  
CANAM Finals Champions
- 2003-04 Skyland Conference, Delaware Div. Champions; UCA Regional Champions; Garden State Open Champions; Villanova Invitational Champions; UCA National Finals, 4<sup>th</sup> Place

2002-03	New Jersey Group IV State Champions; New Jersey Mega Varsity State Champions; UCA National Finals, 2 <sup>nd</sup> Place; Northeast Regional Champions; CANAM Regional Champions; Jackson Memorial Invitational Champions; Skyland Conference Champions, 1st
2001-02	UCA National Finals 10 <sup>th</sup> ; Skyland Conference Champions, Skyland Division Champions, Hunterdon Warren Champions
2000-01	Canam International Champions; N.J., Group IV, State Champions UCA National Finals 12 <sup>th</sup> in USA; Northeast Regional (NHSCC) Champions; Skyland Conference Champions; Skyland Division Champions Hunterdon Warren County Champions
1999-00	Canam International Finals – 5 <sup>th</sup> ; ECA Regional Champions; Skyland Conference Finals Champions; Canam Regional Champions; UCA National Finals 9 <sup>th</sup> in USA; Northeastern Regional (NHSCC) Champions; Skyland Conference, Delaware Div., Champions
1998-99	NJ State Group IV Champions; NJ State Medium Varsity Champions; CANAM International Medium Varsity Champions; CANAM Regional Champions; ECA Regional Champions; Skyland Conference Finals Champions; Skyland Conference, Delaware Div., Champions
1997-98	ECA Regional Champions UCA National Finals - 11th in USA
1996-97	CANAM Regional Champions; ECA Regional Champions
1995-96	Central Jersey Group IV State Sectional Champions; CANAM Regional Champions; ECA Regional Champions; UCA National Semi-Finalists - 28th in USA
1994-95	Skyland Conf., Delaware Division, Champions; Central Jersey, Group IV, State Sectional Champions; DelCastle Invitational Champions
1993-94	Skyland Conf., Delaware Division, Champions William Patterson Invitational Champions
1992-93	Eastern Penn. Regional Champions (NHSCC)
1989-90	Mid-State Champions
1986-87	Mid-State Champions - Fall & Winter
1985-86	New Jersey Nets Invitational Champions
1984-85	Northeastern Regional (NHSCC) Champions; New Jersey Nets Invitational Champions

1982-83	HCICC Champions; County Champions; Mid-State Champions; Eastern States Champions
1981-82	DRC Fall & Winter Champions
1980-81	DRC Fall Champions
1979-80	DRC Champions
1974-75	Cheerleader Federation East Coast Champions
1973-74	DRC Champions; Pepster Pennsylvania Champions
1972-73	DRC Champions

### **INDIVIDUAL CHEERLEADER AWARDS**

Debra Riegel -CFA Outstanding Cheerleader	1974-75
Jayne Adams - Stewart Memorial Award	1975-76
Dianne Carsillo - Stewart Memorial Award	1977-78
Patti Pantos - 2 <sup>nd</sup> Eastern States Outstanding Cheerleader Award	1982-83
Beth Ahlman - Robert C. Shoff Athletic Award	1990-91
Rhonda Coffelt - Robert C. Shoff Athletic Award	1993-94
Veronica Carr - CANAM Individual Regional Champion	1995-96
Veronica Carr- ECA Individual Finalist	1995-96
Amy Lynn Buterbaugh -CANAM Individual Regional Champion	1997-98
Jackie Meert – Athletic Director’s Award	2000-01
Kristin Strizki – US Navy Distinguished Athlete Award	2001-02
Sara Franckowiac - Robert C. Schoff Award	2006-07
Angela Stilwell – Athletic Directors Award	2008-09

### **ALL AMERICAN CHEER & DANCE NATIONAL TEAM**

1995-96	Veronica Carr/Stacie Hrehowesik/Rebecca Hege/ Suzanne Ruberto/Heather Buterbaugh/Veronica Carr
1996-97	Heather Buterbaugh/Amy Buterbaugh/ Josephine Carr Mannino/Melissa Tabor
1997-98	Amy Buterbaugh/Melissa Tabor
1998-99	Sarah Burger/Grethen Barrick/Chrissy Czyzewski/ Jackie Meert/Jenna Schmeichel/Lisa Shultz/Jackie Tabor Amy Yashkas

### **ALL DRC SQUAD**

1979-80	Melodie Winget
1980 (F)	Sue Batlle & Lynne Salemo
1981 (W)	Sue Batlle, Tara Labadie, Jeanne Carsillo & Lynne Salemo
1981 (F)	Lauri Saunders, Judy Latourette & Cindy Kolodzinski
1982 (W)	Judy Latourette
1982 (F)	Amy Schumann

## **ALL SKYLAND CONFERENCE SQUAD**

1990-91 Beth Ahlman/Holli Thorsen  
1992-93 Courtney Smerdon/Jenn Hendricks  
1993-94 Kati Jung/Beth Carr  
1994-95 Stefany Briante/Alisha Crincoli/Keryn Patch  
1995-96 Veronica Carr/Rebecca Hege/Stacie Hrehowesik  
1996-97 Heather Buterbaugh/Lucretia Rehl/Michelle DiBianca  
1997-98 Pam Conway, Kristin Schobel, Josephine Mannino  
1998-99 Amy Lynn Buterbaugh/Kelli Smith/Melissa Tabor  
1999-00 Amy Yashkas  
2000-01 Jackie Tabor, Jenna Schmeichel, Gretchen Barrick, Jackie Meert  
2001-02 Jillian Cedrone, Alexandra Smith  
2002-03 Alexandra Smith, Jessica Stilwell  
2003-04 Nicole Carmon, Chelsea Wade, Kristen Stevenson  
2004-05 Devon Gallo, Nicole Cerillo, Megan Deluccia  
2005-06 Sara Kemp  
2007-08 Ali Mendez  
2008-09 1<sup>st</sup> Team – Angela Stilwell, Alyssa Taylor  
2<sup>nd</sup> Team – Rachel England, Caitlyn Liberto, Brittany Schoonover

## **ALL STATE SQUAD**

1985 Patti Pantos & Cindy Bellinger  
1993/94 Beth Ann Carr & Katie Young-on team  
Rhonda Coffelt & Veronica Carr-alternates  
2000-01 Jackie Tabor, Jenna Schmeichel, Gretchen Barrick  
2001-02 Jillian Cedrone, Kristin Strizki, Angela Glessner, Kelly Van Horn  
2002-03 Alexandra Smith, Jessica Stilwell, Margaret Alferman  
2003-04 Nicole Carmon, Kristina Cedrone, Kristen Stevenson, Chelsea Wade  
2004-05 Devon Gallo, Nicole Cerillo  
2007-08 Ali Mendez  
2008-09 Angela Stilwell

## **ALL MIDSTATE SQUAD**

1989-90 Lori Astoreca/Becky Brezney/Linsey Clingham/Missy Robertson

## **VARSITY CLUB AWARDS**

1972-73 Lori Cobb  
1973-74 Linda Schwab  
1974-75 Gail Swidor & Debra Riegel  
1975-76 Toni Goodell  
1976-77 Donna Hackman  
1977-78 Tracy Cole  
1978-79 Nancy Cole & Margie Taylor  
1979-80 Melodie Winget  
1980-81 Sue Battle  
1981-82 Cindy Kolodzinski (F & W)  
1982-83 Amy Schuman (Fall) & Spring Zuegner (Winter)  
1983-84 Melody Maskill & Nancie Hunt (Fall); Cheryl Melbourne & Nancie Hunt (Winter)  
1984-85 Karen Johnson (Fall) ;Kim Zarish and Karen Johnson (Winter)

1985-86 Tracy Wunder (Fall) & Kris Helriegel (Winter)  
1986-87 Michelle Borucki (Winter) & Cindy Newman (Fall)  
1987-88 Michelle Zarish (Fall) & Lori Wunder (Winter)  
1988-89 Susan Kuehn & Joy Swanson (Fall)  
Kris Moricoli & Susan Kuehn (Winter)  
1989-90 Suzanne Radano (Fall) & Lori Astoreca (Winter)  
1990-91 Beth Ahlman (Fall) & Holli Thorsen (Winter)  
1991-92 Jen Long (Fall) & Sue Archacki (Winter)  
1992-93 Jennifer Hendricks/Cortney Smerdon  
1993-94 Jeannie Cronin  
1994-95 Stefany Briante  
1995-96 Suzanne Ruberto  
1996-97 Lucretia Rehl  
1997-98 Autumn Soffel  
1998-99 Julie Strober  
1999-00 Jenn Leap & Gretchen Barrick  
2000-01 Sarah Burger  
2001-02 Kelly Van Horn & Angie Glessner  
2002-03 Nicole Sanderson  
2003-04 Jennifer Sabbagh, Kristen Eberstein, Kristen O'Gorman  
2004-05 Megan Delucia, Nicole Pohle  
2005-06 Katie Herman & Samantha Parcel  
2006-07 Samantha Wakefield  
2007-08 Rebecca Stahl  
2008-09 Alyssa Taylor

### **MOST VALUABLE ATHLETE [Parker]**

1972-73 Dennie Sebeth  
1973-74 Debra Riegel  
1974-75 Debra Riegel  
1975-76 Jayne Adams  
1976-77 Kathy Koval  
1977-78 Pauline Buckley  
1978-79 Kelly Riegel  
1979-80 Holly Adams  
1980-81 Jean Carsillo (F) & Lynne Salemo (W)  
1981-82 Laura Saunders (F&W)  
1982-83 Dana Meola (Fall) & Cheryl Braisted (W)  
1983-84 Robin Bridenbaugh & Patti Brogan (F)  
Dawn Lerch & Patti Brogan (W)  
1984-85 Patti Pantos (F) & Cindy Bellinger (F)  
1985-86 Cindy Bellinger (F) & "Bama" White (W)  
1986-87 Karen Lerch (F) & Kris Moricoli (W)  
1987-88 Laurie Fick (F & W)  
1988-89 Justine Cihanowyz & Chris Vannais (F)  
Wendy Webb and Keri Boggiano (W)  
1989-90 Linsey Clingham (F)/Becky Brezney (F)  
Missy Robertson (W)  
1990-91 Holli Thorsen (F)/Beth Ahlman (W)  
1991-92 Sue Archacki (F)/Stephanie Brzoska (W)  
1992-93 Katie Jung  
1993-94 Katie Jung/Veronica Carr  
1994-95 Keryn Patch

1995-96 Veronica Carr/Stacie Hrehowesik/Rebecca Hege  
1996-97 Heather Buterbaugh/Kristin Schobel  
1997-98 Kristen Schobel, Josephin Mannino, Pam Conway  
1998-99 Kelli Smith/Melissa Tabor/Amy Lynn Buterbaugh/Julie Strober  
1999-00 Amy Yashkas  
2000-01 Jackie Meert/Jackie Tabor/Gretchen Barrick  
2001-02 Elizabeth Atanasio  
2002-03 Alexandra Smith, Jessica Stilwell, Margaret Alferman, Nicole Sanderson  
2003-04 Nicole Carmon  
2004-05 Nicole Cerillo  
2005-06 Sara Kemp  
2006-07 Sara Franckowiak  
2007-08 Angela Stilwell  
2008-09 Angela Stilwell

## **SPARKIE AWARDS**

1972-73 Lori Cobb	/Suzanne Ruberto
1973-74 Kim Riegel	1995-96 Nicole Giordano
1974-75 Marilyn McCann	1996-97 Michelle DiBianca
1975-76 Jayne Adams	1997-98 Kristy Aro
1976-77 Kathy Koval	1998-99 Kelli Smith
1977-78 Dianne Carsillo	1999-00 Chrissy Czyzewski
1979-80 Sue Battle	2000-01 Libby Wilhelms
1980-81 Jeanne Carsillo	2001-02 Sandra Sabbaugh/ Jennifer Bowen
1981-82 Cindy Kolodzinski	2002-03 Jessica Stilwell
1982-83 Patti Pantos	2003-04 Katie Glessner
1983-84 Patti Pantos	2004-05 Amanda Wakefield
1984-85 "Bama" White	2005-06
1985-86 "Bama" White	2006-07 Rebecca Stahl
1986-87 Karen Lerch	2007-08 Christine O'Connor
1987-88 Lori Wunder	
1991-92 Katie Jung	
1992-93 Sarah Blackwood	
1993-94 Rhonda Coffelt	
1994-95 Stacie Hrehowesik	

## **UCA ALL STARS**

1992-93 Beth Ann Carr/Kati Jung  
1993-94 Beth Ann Carr/Rhonda Coffelt/Katie Jung/Antonette Dulay  
1994-95 Stefany Briante/Keryn Patch/Alisha Crincoli  
1995-96 Veronica Carr/Rebecca Hege/Nicole Giordano  
1996-97 Heather Buterbaugh  
1997-98 Kristin Schobel/Josephine Mannino  
1998-99 Melissa Tabor/Christina Ivanoff/KelliSmith/Amy Lynn Buterbaugh  
1999-00 Amy Yashkas/Manday Zielonka/Christina Burkert/Christina Dougals  
2000-01 J. Tabor, G. Barrick, J. Schmeichel, C. Burkert, S. Burger, K. O'Gorman, J. Meert  
2001-02 K. Van Horn, Al Glessner, E. Atanasio, J. Cedrone, S. Sabbagh, K. Strizki  
2002-03 A. Smith, J. Stilwell, M. Alferman, N. Sanderson  
2004-05 N. Cerillo, D. Gallo, M. Delucia, N. Pohle  
2006-07 Ali Mendez  
2007-08 Ali Mendez  
2008-09 Angela Stilwell, Rachel England, Brittany Schoonover

## **BEST ALL-AROUND**

1972-73 Lori Cobb  
1973-74 Debra Riegel  
1974-75 Debra Riegel  
1975-76 Maureen Hand  
1976-77 Pauline Buckley  
1977-78 Tracy Cole  
1978-79 Kelly Riegel  
1979-80 Melody Winget  
1980-81 Lynne Salemo  
1981-82 Laurie Saunders  
1982-83 Amy Schumann  
1983-84 Patti Brogan  
1984-85 Patti Pantos  
1985-86 Cindy Bellinger  
1986-87 Stacy Scruggs  
1987-88 Tracey Sargent  
1988-89 Susan Kuehn  
1989-90 Becky Brezney/  
Linsey Clingham  
1990-91 Susan Archacki  
1991-92 Susan Archacki

1992-93 Beth Ann Carr  
1993-94 Beth Ann Carr  
1994-95 Veronica Carr  
1995-96 Veronica Carr  
1996-97 Josephine Mannino  
1997-98 Kristin Schobel  
1998-99 Amy Lynn Buterbaugh/  
Melissa Tabor  
2000-01 Jenna Schmeichel/  
Jackie Tabor  
2001-02 Jillian Cedrone  
2002-03 Alexandra Smith  
2003-04 Nicole Carmon  
2004-05 Devon Gallo  
2005-06 Brittlynn Goddard  
2006-07 Sara Franckowiac  
2007-08 Kim Males

### **BRADSHAW COACHES AWARD**

2001-02 Kristin Strizki  
2002-03 Alexandra Smith  
2003-04 Kristina Cedrone  
2004-05 Nicole Cerillo  
2005-06 Lauren Creighton  
2006-07 Larissa Weigle  
2007-08 Becca Haden  
2008-09 Brittany Schoonover